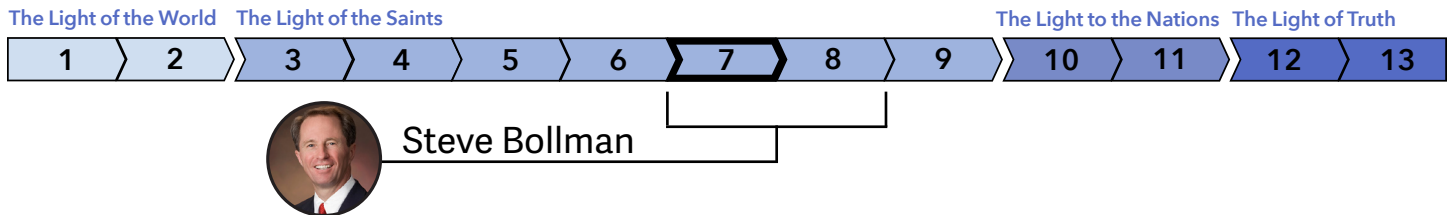


Fall Semester Timeline



Summary

Going back to the fall of man, humanity has had to deal with the consequences of a conquered heart. The battle against sin is an interior battle. We are enticed by our desires, and when we give birth to those disordered desires, it leads to sin and death. Lust distorts love and Steve breaks down both the moral and physiological dilemmas that occur when we struggle to confront and give up this vice to the Lord. You can take practical external steps and we must, but the real struggle is within your own heart. Love helps desires to be rightly ordered. God helps us love as He created us to love, through the gift of grace that makes us free.

Small Group Goals

- Have an honest discussion about how this sin has affected you or someone you know personally.
- Concretely name ways you can implement daily practices that will turn your heart toward God and not our desires.

Discussion Questions

- What desires do you have in your heart that are NOT from God?
- In what ways do you personally experience something like Augustine's inner conflict?
- Which of the practical steps regarding lust and pornography do you need to begin today?

Supplemental Questions

- What struck you most from the presentation?
- What are some patterns you recognize when a tempting lustful thought enters the brain?
- What did you think of the statistic that 50% of marriages end in divorce if one or more parties consumes pornography weekly?