

## Spring Semester Timeline



## Summary

In today's session Michael Gormley speaks with us about how God does not want us to be anxious about the future or imprisoned by the past. We are reminded that God has a plan for all of our lives that only He knows, and He will reveal it to us in His time. Being anxious about the future is a hindrance to God's plan for us today. In the meantime we must build up a daily prayer life and surrender each day to God. We must then trust that God will lead us to sanctity and holiness if we desire it and cooperate with His grace.

## Small Group Goals

- Take a deep breath and privately identify all the things your heart is anxious about. Willfully put those at the foot of the cross and make a conscious decision to trust in the Lord.
- Identify different ways God may be calling you to be a saint today and how living in anxiety could be a hindrance to living out your vocation.

## Discussion Questions

- If you knew you were going to die in the next 24 hours, what would you do differently?
- Where are you today in terms of your relationship with God and your family? What is God calling you to do today?

### Supplemental Questions

- In what ways did the Holy Spirit move in your heart during this presentation?
- What is your plan to develop a daily prayer life that lasts?
- Think of an example from your life where you discerned improperly. If you were to go back, what would you change?